



The State of Spartan Health 2024

Alcohol and Other Drugs

While it's common for college students to use alcohol and legal substances, the data shows that most MSU students do so responsibly. Still, it's important that students have accurate information about alcohol and other drugs in order to prevent high-risk use, which is often associated with many of the most serious trauma and disappointments students experience while in college.

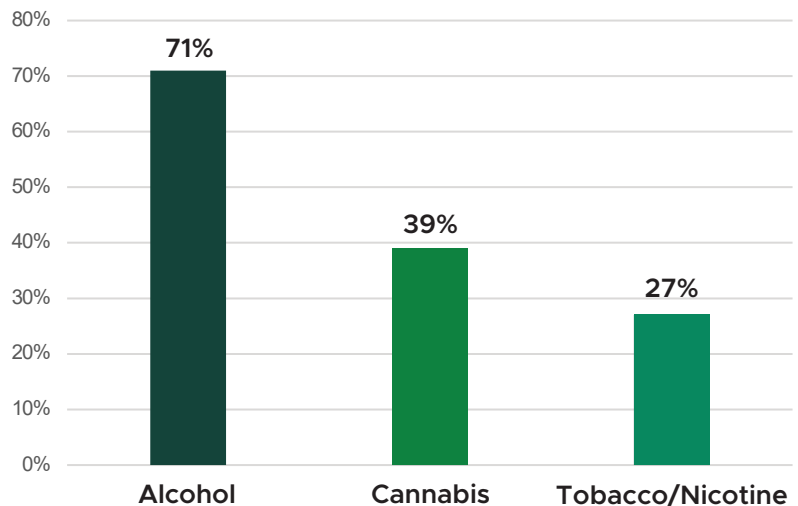
Of MSU Students:

29% Of students chose not to drink alcohol at all in the past 3 months.

19% Of students report using cannabis (non-medical use) weekly or more.

71% Of students report having alcoholic beverages at least once in the past 3 months.

Percentage of MSU Students Who Used Alcohol, Cannabis or Tobacco/Nicotine At Least Once in the Past 3 Months



What We're Watching

- Alcohol continues to be the most commonly used substance by MSU students, followed by cannabis and tobacco.
- 15% of students reported using tobacco or nicotine delivery products (cigarettes, ecigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.), weekly or more.
- The number of students who reported doing something while drinking that they later regretted decreased from about 38% percent in 2022 to 24% in 2024.

Learn More

There is more where this came from! Scan the QR code below or visit healthpromotion.msu.edu/data for data on topics like nutrition, fitness, emotional wellness and more.

