

Big 10 Collegiate Mental Health Center Conference Schedule



Monday, March 3, 2025

Time	Event	Attendees	Location
12:00 - 5:00 p.m.	Registration	All attendees	South Lobby
12:00 - 5:00 p.m.	Poster Setup	Poster presenters	Centennial ABC
3:00 - 4:30 p.m.	Roundtable Discussion	All Attendees	See website or registration desk for location sheet
5:00 - 7:00 p.m.	Welcome Reception	All attendees	Big Ten B & C
7:00 p.m.	Dinner on your own	All attendees	Open

Tuesday, March 4, 2025

Time	Event	Attendees	Location
7:00 a.m. - 9:00 p.m.	"Reflection" Room	All attendees	Vista Room
7:00 a.m. - 9:00 p.m.	"Sensory" Room	All attendees	Room 108
7:15 - 8:00 a.m.	Exercise Class – Yoga	All attendees	Conf. Room 62
7:30 - 8:45 a.m.	Coffee & Breakfast	All attendees	Big 10 A
8:00 - 8:45 a.m.	Poster Presentations	All attendees	Centennial ABC
8:00 - 9:30 a.m.	Registration	All attendees	South Lobby
8:45 - 9:00 a.m.	Welcome – Alexis Travis, Ph.D.	All attendees	Big 10 A
9:00 - 10:15 a.m.	Opening Keynote – Swapna Anil Hingwe, D.O., M.A.	All attendees	Big 10 A
10:15 - 10:30 a.m.	Break/Morning Snack	All attendees	Break Area
10:30 - 11:45 a.m.	Breakout Session 1	All attendees	Refer to program for details
11:45 a.m. - 1:00 p.m.	Lunch	All attendees	Big 10 A
11:45 a.m. - 2:15 p.m.	Big 10 Directors Lunch	All attendees	Red Cedar B
1:00 - 2:15 p.m.	Breakout Session 2	All attendees	Refer to program for details
2:15 - 2:30 p.m.	Break/Afternoon Snack	All attendees	Break Area
2:30 - 3:45 p.m.	Breakout Session 3	All attendees	Refer to program for details
3:45 - 5:00 p.m.	CAPS Tour	Optional	Meet at front entrance
5:00 - 6:00 p.m.	Open		
6:00 - 8:00 p.m.	Banquet	All attendees	Big 10 B & C
8:00 - 11:00 p.m.	Entertainment/D.J./Dancing	All attendees	Big 10 B & C

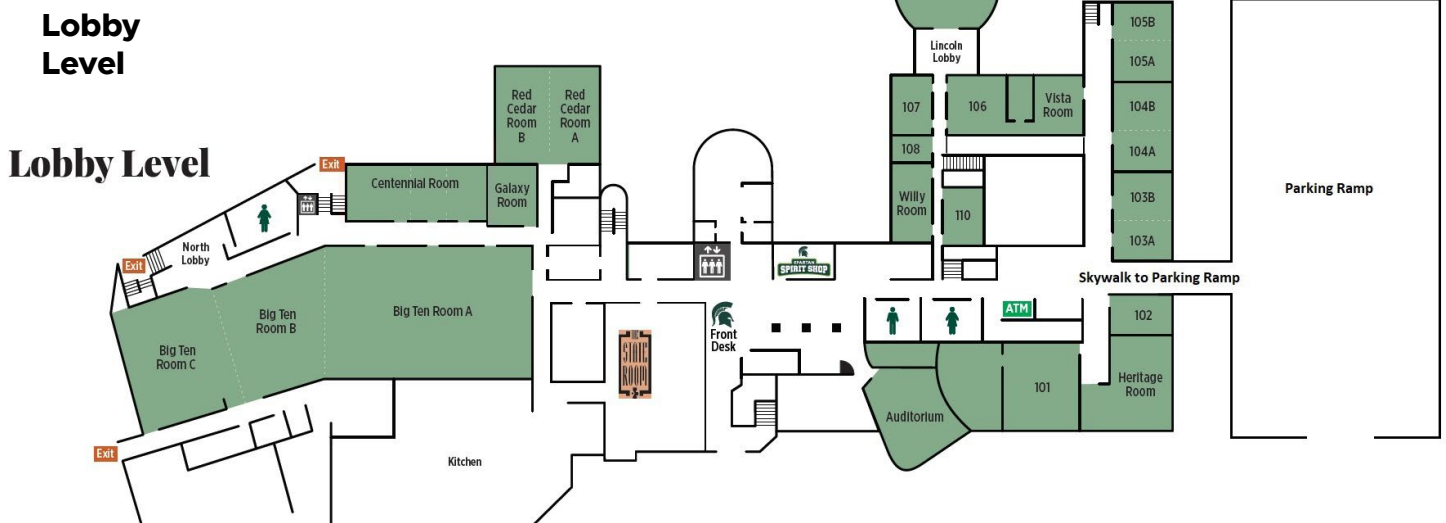
Big 10 Collegiate Mental Health Center Conference Schedule



Wednesday, March 5, 2025

Time	Event	Attendees	Location
7:00 a.m. - 12:00 p.m.	"Reflection" Room	All attendees	Vista Room
7:00 a.m. - 12:00 p.m.	"Sensory" Room	All attendees	Room 108
7:15 - 8:00 a.m.	Exercise Class – Yoga	All attendees	Conf. Room 62
7:30 - 9:00 a.m.	Coffee & Breakfast	All attendees	Big Ten A
8:00 - 9:00 a.m.	Big 10 Suicide Registry/ Research Meeting	Designated representatives	Room 110
8:00 - 9:00 a.m.	Special Topics	All attendees	Refer to program for details
9:00 - 11:00 a.m.	Closing Keynote Speaker – Silvana Espinoza Lau, LMFT	All attendees	Big Ten A
11:00 - 11:15 a.m.	Break/Morning Snack	All attendees	
11:15 - Close	Closing Remarks	All attendees	Big Ten A

KELLOGG CENTER MEETING ROOMS FLOOR PLAN & DIMENSIONS



Counseling and Psychiatric Services
University Health and Wellbeing
MICHIGAN STATE UNIVERSITY

<https://uhw.msu.edu/Big-10-College-Mental-Health-Center-Conference>

