



# The State of Spartan Health 2024

## Sexual Health

It's important to weigh the possible benefits and risks of being sexually active. To be healthy sexually is to maintain a balance with everything else in your life – your physical and emotional health, career and educational goals, relationships with other people, and your feelings about yourself.

If you're sexually active, select the contraceptive method right for you based on cost, effectiveness, ease of use and safety. Most STI's are curable or manageable – the key is early detection and treatment.

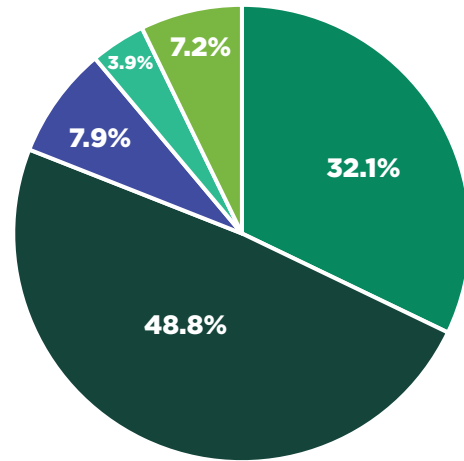
### Of MSU Students:

**32%** Report having **no sexual partners** in the past 12 months.

**85%** Report using some form of **contraception** the last time they had intercourse.

**16%** Report **getting tested for HIV**.

**Number of Sex Partners (Oral, Anal, Vaginal) Students Had in Past 12 Months (2024)**



■ None ■ One ■ Two  
■ Three ■ Four+

### What We're Watching

- Most students (about 81 percent) chose not to have **oral, vaginal, or anal sex or had only one partner** in the past 12 months (up from 77% reported in 2022).
- Of those sexually active, 46% reported never or rarely using a **condom during vaginal sex** (up from 41% reported in 2022). 45% reported never or rarely using a **condom during anal sex** (down from 60% reported in 2022).
- Of those sexually active, 75% report using at least one **method of birth control**. 17.5% reported that they or their partner used **emergency contraception** at least once in the past year – slightly greater than 14.8% reported in 2020. The rise in usage could be due to the increased availability of such products.

### Learn More

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